

The Arnold Sentinel

“Serving the South Loup River Valley”

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School Releases New Facility Design

Arnold Public Schools will hold its 3rd community engagement meeting on Thursday, September 4th, in the high school gym at 7:00 p.m. to discuss and answer questions regarding the potential facility project at Arnold Public Schools. The latest design comes in with an estimate of \$15.3 million. This estimate is for new construction only with the intent of tackling renovations of the elementary along the way as grants and other funding sources are secured. With a \$2.5 million payment coming from the special building fund, that would leave a bond of approximately \$12.8 million, which would be approximately a \$.25 bond levy paid over 20 years. The school will have updated tax tables at the September 4th meeting to give a more accurate picture of property tax obligations based on any rate changes.

Smith Offering Mental Health, Life Coaching Services In Arnold

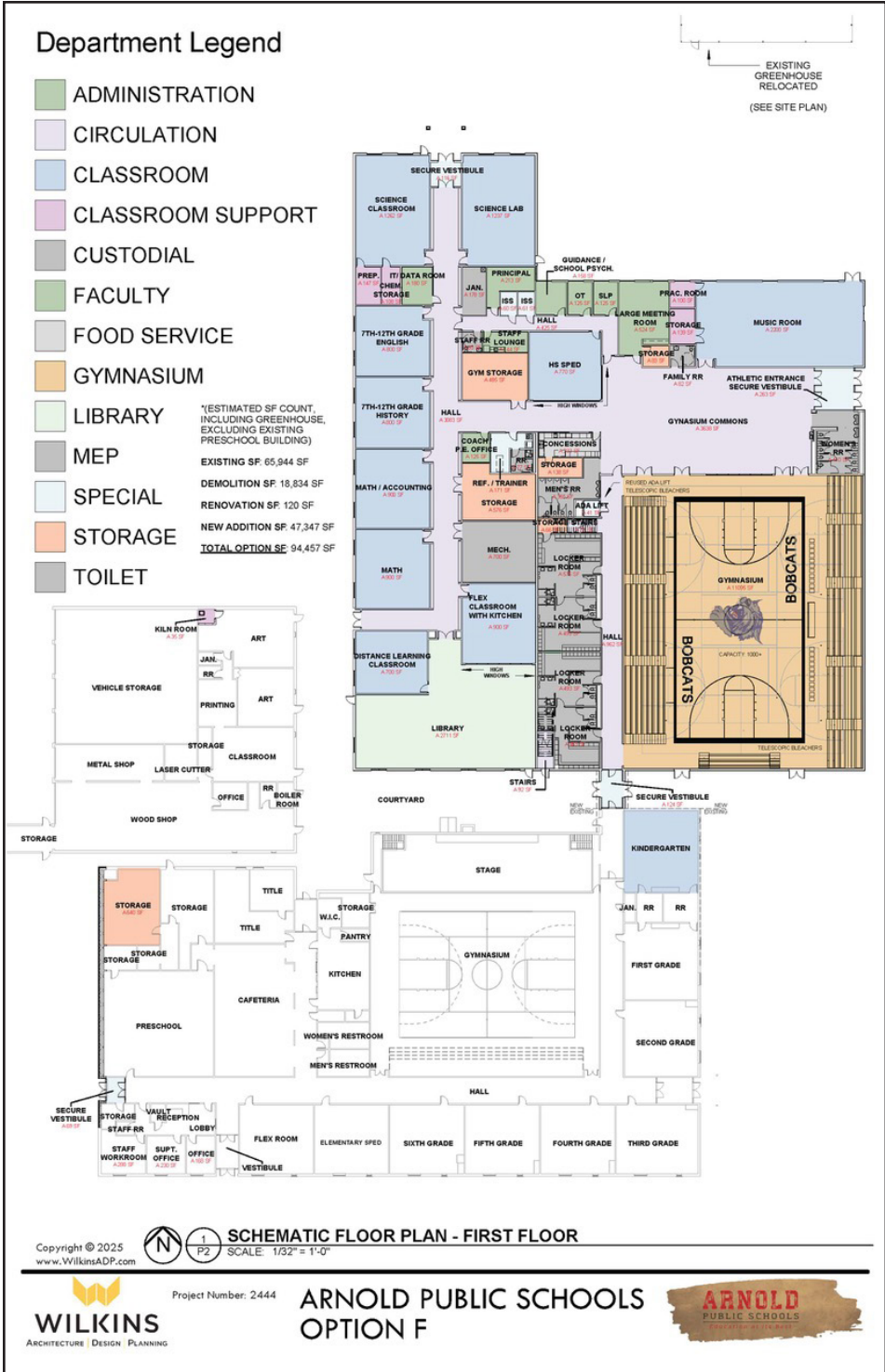


Tami Smith has created a private and welcoming space in Suite 2 of Hotel Custer to help residents find balance or move forward in their lives through mental health counseling and Life Coaching. - Debbie Connelly photo

Tami Smith is helping clients navigate life's challenges from her downtown office at the historic Hotel Custer in Arnold. A Clinical Mental Health Counseling intern with the University of Nebraska at Omaha, Smith has joined the Child & Family Therapy Institute of Nebraska to offer free counseling services to area residents through the end of April. Her work focuses on helping people build confidence, restore balance, and strengthen resilience. A 2001 graduate of Arnold High School, Smith lives in rural Arnold with her husband, David, and their family. She holds a Master of Science in School Counseling, is cer-

tified in Life Coaching and Brain Health, and is trained in trauma-informed care. She brings both expertise and empathy to her practice, creating a private and professional space for clients. “I feel privileged to work in Arnold and to provide this service,” Smith said. “While there are counselors in Broken Bow, North Platte, and Gothenburg, many people would have to travel. Having an option right here gives people another choice close to home.” Smith sees clients Monday through Friday by appointment, offering both clinical counseling and life coaching. Clients can choose the approach that best meets their needs.

“Counseling is typically sought when someone feels off balance and wants to get back to baseline,” she explained. “Life coaching is for clients who are already at baseline but want to move forward with their health, well-being, and goals. They complement each other, but each offers a different path forward.” In addition to her private office practice, Smith also provides counseling and coaching services at Arnold Schools to support families and students. Her practice has grown quickly, with about half of her clients choosing Telehealth sessions for convenience.



The above proposed new facility design will be presented at a special school board meeting scheduled for September 4.

Logsdon Among Senior Interns Working In Town

Passion: the driving force behind everything. The lightbulb didn't invent itself, it was the product of years of work because one man had the passion to change the world. But what is passion and why does it come easily to some while others struggle to find the thing that they will dedicate their life to? For Arnold High School senior Madelyn Logsdon, passion comes in many forms: music, movies, books, etcetera. But, for her internship at the *Arnold Sentinel*, she's been given the opportunity to work with one of her biggest passions... writing. Madelyn transferred to

Arnold Public School for her junior year, originally coming from Iowa. She is now involved in Arnold's one act team, speech team, interact club, National Honor Society, band, and choir. For her senior year, she's choosing to intern with the *Arnold Sentinel* and the Finch Memorial Library. “I've always had this deep love for books, so the library was a no-brainer. But, due to their hours, I was only able to go there on Mondays and Fridays. So, our school counselor, Mrs. Nansel suggested the *Sentinel* for the days in between. I think local newspapers are so important, yet so overlooked. I'm

very excited to help deliver news to the people of Arnold when they open their mailboxes every Thursday!” said Logsdon. And where are the other seniors interning? Brook Bierman is interning at the local daycare and clinic; Paxton Bierman, Haydn Stretsek, and Crew Witthuhn are at Bierman Vet Services; Summer Morash is with Holly Remund and BrewBakers; Hayden Myers is at Nansel's Best Service; and Luke Tullis is with Lisa Nelson, learning how to run a sole proprietorship.

(Written by Madelyn Logsdon)



Arnold senior Madi Logsdon is interning at the *Sentinel* for the 2025/2026 school year. She's among several seniors who are interning and gaining experience at local businesses. - Debbie Connelly photo

Reward Offered for Return of Antique Pot-Belly Stove

A \$500.00 reward is being offered for information that leads to the recovery and return of a turn-of-the-century Illinois model pot-belly stove that was stolen sometime in the last month from a rural property outside of Arnold. Custer County Sheriff Dan Osmond investigated the burglary at 80240 Devil's Gulch Road on August

15. The stove, described as black with a nickel-plated door and a nickel-plated ring around the top, was taken from a quonset owned by Peter Koubek. The stove also had a nickel-plated ring on the bottom, which had been broken into pieces and placed inside of the stove. Nothing else was missing from the quonset. Koubek said the stove

came out of Koubek Lockers in Arnold when it was torn down, and it has sentimental value. “It was a beautiful stove, and it's a shame,” said Koubek. If you have information that can lead to the recovery of the stove, call the Custer County Sheriff's office.